

PEDIATRIC CLINIC STAFF

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-  Pediatric Physical Therapy
-  Pediatric Occupational Therapy
-  Pediatric Speech Therapy



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Pediatric Physical Therapy

Physical therapists assist each child in reaching their maximum potential to function independently and to promote active participation in home, school, and community environments.

We use our expertise in movement to promote health and wellness from infancy through adolescence. We work together with children and their families to increase motor development and function, improve strength and endurance, enhance learning opportunities and ease daily challenges.



Pediatric Physical Therapy Services include:

- Developmental activities
- Movement and mobility
- Strengthening
- Motor learning
- Balance and Coordination
- Muscle tone management
- Use of assistive technology or devices
- Posture, positioning, and lifting
- Orthotics and prosthetics
- Cardiopulmonary endurance
- Safety, health promotion, and prevention programs

Pediatric Occupational Therapy

Occupational therapists focus on helping children with their age-expected "jobs" such as school work, play, dressing themselves, potty training, and following directions.

We use our knowledge of adapting the activity and environment to set your child up for success. We also help kids to improve their cognitive, sensory, and motor skills for increased independence in desired activities, hopefully leading to greater self-esteem and sense of accomplishment.

We rely heavily on input from families and caregivers to find what activities are meaningful to each child.



Areas that Occupational Therapists Can Address:

- Sensory processing concerns (such as poor self-calming and attention)
- Self-care activities (such as potty training, tying shoes)
- Return to function after an upper extremity injury
- Participation in recreation, play, and leisure activities
- Fine motor skills
- School readiness abilities
- Visual-motor integration skills
- Use of assistive technology
- Problem solving skill development

Pediatric Speech Therapy

Pediatric speech-language-pathologists can help your child with feeding and swallowing concerns, speech sounds, and overall communication skills.

We work with infants and children with a variety of delays and disorders spanning from mild articulation delays to more complex disorders that affect communication such as Autism Spectrum Disorder, Down Syndrome, motor speech disorders, hearing impairments, cognitive-communication disorders (difficulty with paying attention, planning, remembering, and/or problem solving) and other developmental delays.



Speech Therapy Services Include, But Are Not Limited to Working on:

- Articulation/speech intelligibility
- Expressive language skills
- Receptive language/listening skills
- Speech fluency/stuttering
- Voice and resonance
- Social/pragmatic language
- Cognitive-communication skills
- Swallowing/feeding issues
- Educating and empowering YOU on how best to help your child/baby
- Provide alternative methods of communication for children with complex speech needs and/or comprehension disorders.